

New to gFree? Here's what to do:

1. RELAX

Welcome! We're glad you are here. Make yourself comfortable. Grab some coffee and a snack. Restrooms are down the hall on the left. A family bathroom is beyond the double doors on the right.

2. **Know Your KiDs Are In Good Hands** Programs for birth through 5th grade are available at both services

This is a great place for children to learn about Jesus! Our team of volunteers have been fully screened and cleared, so you can enjoy a worry-free worship time.

- Meet our volunteers with your children at the check-in station located at end of the hall.
- You will be given a security tag.
- One of our volunteers will escort children to their dassroom.
- Bring your security tag to the station to pick-up your children. We cannot release children to find you.

3. FILL OUT the CONNECTION CARD

Help us connect with you. Fill out as much as you feel comfortable sharing on your Connection Card. Drop it in an offering basket located near the exit doors of the Worship Room.

4. PICK UP YOUR GIFT!

If this is one of your first times at gFree, we want to offer you a gift. Pick up your gift from the shelf as you exit the building today. We hope you had a great time!

WHAT'S HAPPENING 09/08/2024

Back to Church Sunday.— Sunday, September 15th. Special invitation day to invite friends and family as we look to be a church where people can get started again with church. Who are you going to invite?

Ladies Game Night at Windy Hill - Tuesday, September 17th from 6pm-8pm. Join us as we spend an evening playing games with the Residents. Bring a game and a snack to share. We'll meet at the building behind the nursing home. Sign up on your Connection Card or call/text BJ at 814-553-5185.

<u>Ladies Workout</u> - Restarting Sept 4th - Mondays & Wed at 7 pm. All fitness levels welcome. Enter thru door #10. Get & stay healthy!

gFree Fall Festival - Saturday, October 26th from 2-4 PM. The kids carnival has a new look! Bring the whole family for carnival games, prizes, crafts, a "corn" maze and other new additions this year including some local vendors for the adults to check out! This is a community outreach event which mean we will needs volunteers. Sign-ups coming soon!

<u>Bunco</u> - Will be starting back Thursday, October 10th from 1-3pm. Women's event to play BUNCO and have fellowship. No cost. No sign up. Open to all women. Contact the office for more info at office@gfree.org.

gFree Podcast - Check out our sermon podcast where you can catch up on the latest messages here at our church. Available anywhere podcasts are found https://gfreedhurch.buzzsprout.com

Connection Card			09/08/2024	
l am a: ☐ 1st time guest ☐ 2nd time guest ☐ Regular Attendee ☐ Member	Name	EmailAddress	State	
How did you hear about us? ☐ Friend ☐ Newspaper ☐ Facebook ☐ Website ☐ Other		Please place this card in *By entering your cell phone, you will about items you signed up for.	n the offer	•

SMALL GROUP SIGN UP SLIP

Fill it out and Drop it in the offering baskets at the door.

Name:

Provide your contact info on your Connection Card, if you haven't already



Ш	Sundays $@5:30$ at church -
	Noel & Sherri

J	Sundays $@5:30$ at church -
	Courtney & Annette

Ш	Mondays @ 6:00 at Boumerhi Home
	- Laura & Holly co-leading

\square Tuesdays $@$ 1	10 AM at church	- Noel
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_	Tuesdays @ 6:00 at church - Devin &
	Sara Miller (childcare provided)

Tuesdays @ 5:30 at Stiner Home -
Val & Chris co-leadina

Wednesdays @ 6:00 at church -
Mindy & Joe

Thursdays @ 7:00 at Bakers Home -
Jeff & Alice co-leading

- ☐ Saturdays @ 9:00**AM** at church Alicia & Traci
- ★ Additional groups may get added too.
- ★ Space is limited, so sign up soon. 09/08/2024



It is impossible to be spiritually mature when we are emotionally unhealthy. Lurking underneath our behaviors are places that need resolved and transformed. When left unaddressed, little change or victory is possible. When we learn the spiritual practices of slowing down and quieting ourselves before Jesus for real relationship, a revolution happens in our spiritual life.

EHS is an 8 week series and small group study that will walk us through developing these practices in our life to bring health and spiritual maturity to our emotional lives and relationships.

Small groups are 7-12 people who gather weekly to study and discuss a topic and how to apply it to their lives. They encourage and pray for one another. It's where growth happens!

SNEAK PEEK: Want to know more before signing up? Join us for a 30 min preview to see more and ask questions.

- Sept 8th Sunday after services
 @ 10:30a & 12:30p (no child care)
- Sept 12th Thursday @ 5:00pm
- Sept 14th Saturday @ 9:30am

Cost: Suggested donation of \$20/person or \$30/couple to cover 3 books.

Commitment: This is <u>not</u> just a general study. For transformation,

plan to make all meetings. A weekly make-up group will be offered.

SMALL GROUP OPTIONS: Join a group by signing up on the slips in the back of the chairs or at Info Booth.

- Sundays @ 5:30 at church Pastor Noel
- Sundays @ 5:30 at church Courtney Hubler
- Mondays @ 6:00 at Boumerhi Home-Laura Starner
- Tuesdays @ 10**AM** at church Pastor Noel
- Tuesdays @ 5:30 at Stiner Home Val Stiner
- Tuesdays @ 6:00 at church— Millers (childcare provided)
- Wednesdays @ 6:00 at church Mindy Parks
 Thursdays @ 7:00 at Bakers Home Jeff Baker
 Saturdays @ 9:00AM at church Alicia Swanson

Begin the week of September 22nd.

Groups have limited room so sign up soon!

Find Your Place to Serve at aFree

Check out the general brochure in the back of your chair. Stop at the info booth in the Welcome Room to get more info and to sign up.

<u>Vital opportunities right now:</u>

Children's Ministry - Nursery, Preschool & Elementary

If you are filling out a serving card please place it in the offering basket

Youth is back! - Join us at Cold Stream Dam for Ice Cream Sunday, September 8th from 5:30pm -7:30pm for grades 7th-12th.

Drop off/pick-up at Cold Stream Dam

Contact Tracie w/ questions: traci.curtorillo@outlook.com

<u>Prayer Requests</u> :	Connections
	☐ I would like to attend the Ladies Night at Windy Hill Tuesday, September 17th
Requests go to our Prayer Team. If you want it to go to Pastors only please check this box \Box	